

COVID-19

FDAWC

VOLUNTEERING

RESPONSE



KEEPING SAFE WHEN VOLUNTEERING

Please follow these general guidelines to ensure your safety and the safety of others when volunteering. If in doubt please ask!

REDUCING RISK OF INFECTION

Wash your hands thoroughly before and after volunteering. If you, or any members of your household, have any coronavirus symptoms you should not do any volunteering unless you can safely do it from home (eg. telephone befriending).

BE CLEAR ABOUT YOUR ROLE

Only carry out tasks that have been previously agreed with FDAWC. Do not offer to do any additional jobs without speaking to us first. If you feel someone could benefit from some extra support please discuss it with us. Do not enter someone's house unless this has been previously agreed with FDAWC.

PERSONAL SAFETY

Be cautious - if a situation doesn't feel safe do not proceed. Your safety is paramount. Make sure someone knows your whereabouts at all times and volunteer in pairs where possible.

SAFEGUARDING

If you have concerns about someone's welfare don't try to handle the situation yourself. Pass on any concerns to a member of FDAWC staff

immediately or safeguarding lead on 07886 561299.

You can also report concerns via the local authority's website. In an emergency situation dial 999.

CONFIDENTIALITY

Keep people's personal information and circumstances confidential. Do not share people's details with friends or family, or on social media. Do not share your own personal details with beneficiaries without speaking to FDAWC first.

BOUNDARIES

Always clearly identify yourself as a FDAWC volunteer when carrying out your tasks. Inform beneficiaries that they can contact FDAWC if they have any questions about your identity. Do not offer medical or any other type of professional advice unless you are trained to do so. Sometimes well-meaning advice can lead to negative consequences. If someone offers you a gift politely decline it. Tell them that a simple 'thank you' is all you need!

BE KIND TO YOURSELF

Don't take on too much. Every little helps. This is a marathon not a sprint. Don't be a hero. Ask for help if you need it!

FIGHT FOR THE DIGNITY OF AFRICAN WOMEN AND CHILDREN

Telephone: 0203 556 9507 email: hello@fdawc.org Website: www.fdawc.org
Charity Number 12536170

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